



## Shine Youth: “Helping Young People To Shine And See A Brighter Future!”: December 2021 Update

### **Context:**

Every young person has great value and potential. So Shine Youth is committed to support them to have good mental health, positive self-esteem and identity, and lives lived with hope and purpose.

Through high quality 1:1 pastoral mentoring and innovative group courses, their transformative work increases young people’s mental and emotional wellbeing so that they can flourish and shine in their family, friendships, education, work life and community. They reduce young people’s emotional distress, restore hope and assist them to build their resilience to achieve their potential.

The Trusted Executive Charitable Foundation (TTECF) has been supporting Shine Youth since June 2020 with a series of grants totalling £15,000 (@Oct2021).

### **December Update:**

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#### **Business collaboration for disadvantaged pupils:**

Collaboration is at the heart of Shine Youth and we have been building partnerships with schools, churches, and corporate organisations this Autumn to launch the MADE Course in 2022. We believe all of these elements of community have a key part to play in re-writing the stories of young people to overcome challenges. The MADE Course is designed to re-engage disadvantaged and low-confidence 14 year old students with education. This helps to prevent permanent exclusion from school, especially in the key year when they choose their GCSE and BTECH options. Many of these young people are in the cohort who receive our 1:1 Pastoral Mentoring support and have a range of challenging circumstances to overcome. MADE will provide them with 10 days of off-site person-centred investment to raise their motivation and aspiration, recognise their unique strengths and re-engage them with education so they can flourish into who they are truly ‘made’ to be.

8 students referred to the course by their school will be released to attend the MADE Centre (a local church venue) during the morning. They will attend workshops covering topics such as personal strengths, identity, purpose, communication, teamwork and determination. The workshops are led by the same 4 leaders each week to allow for positive relationships to be built and a high level of bespoke 1:1 input. This bespoke input assists the students by being encouraged, challenged and developed over 10 sessions of information, activity and reflection. Afternoon visits then take place to different local businesses where students learn about the business, employees’ career journeys and also get involved in short ‘taster’ activities.

Local businesses such as Jaguar Landrover and Hampton Manor (hotel and Michelin star restaurant) as well as the CEO of Solihull Council have already committed their time to deliver inspirational visits for the 2 cohorts from 2 local secondary schools who will be attending the 2 courses to be run between 01 March and 20 May 2022. After Christmas we

will be helping the businesses to plan impactful visits and training the delivery team to deliver the workshops and become familiar with the tools used to gather the data necessary to evaluate the courses outcomes.

These are great examples of the Shine team actively engaging with schools and students plus industry, commerce and local government, to the benefit of everyone. Evangelising, being brave, and being kind are three of the Nine Habits of Trust (the “Nine Habits of Trust” <https://trustedexecutive.com/nine-habits-of-trust>).