

Context:

Possilpark is one of the most deprived areas in Glasgow: Scottish Index of Multiple Deprivation 2019 identifies two Possilpark data zones as being within the top 10 most deprived areas in Glasgow. Perhaps most concerning is that it currently has the lowest life expectancy of all neighbourhoods in Glasgow for both males and females.

The Trusted Executive Charitable Foundation (TTECF) has been supporting Bethany Christian Trust’s community development programme in Possilpark since January 2019 with a series of grants totalling £60,216 (@Feb2023). These grants have helped to support the creation of a community cafe as part of the programme.

April ‘23 Update:

Success with flying colours:

Craig & Sue from TTECF had the great joy of meeting F when they visited Possilpark during October 2022. He recently received a certificate for his REHIS Food Hygiene qualification. This was a big challenge for him as he had never excelled in a classroom setting and had to go to a school for a full day of learning before sitting the exam. He passed with flying colours and we are so proud!

His confidence continues to increase, running the lunch service on Fridays and baking for the café. We will soon take on another adult work placement into the kitchen, with the hope that F can take a role in teaching in leading to continue his development.



Investing in the next generation:

The youth apprentices had been studying for a Barista qualification; practising making different coffees and learning about the process the beans go through. For the roasting part of the course they will be taking a trip to Glesga Roasters ([Glesga Roasters - Love Coffee, Love People](#)) to see what happens first hand. They are based in a church in Bishopbriggs and provide fair trade for coffee farmers as well as jobs for people who have experiences the criminal justice system. They are the sole suppliers of coffee for the café and we are delighted at the opportunity to visit.

Zoe has excelled in her role, working closely with the youth in what can often be a difficult position; she has to teach and be an authority figure for young people who have a hard time getting on with these types of adults in their lives. Zoe has managed to do this in a friendly and approachable way, allowing the young people to trust her and know that she is reliable, no matter what their reaction to instructions may be.

New opportunities:

Emma is continuing to link in with individuals and groups in the area, with a real focus on the new housing being built opposite Bardowie Hall where Clay Café is based. The development comes with challenges and opportunities, bringing a mix of new people into the area. Emma hopes to work with the existing community for them to welcome newcomers and have some ownership of the development (as opposed to being an 'us and them' mentality).

Training to save lives:

L, a daughter in a family we work with in the area, has recently become a trainer to provide Naloxone and CPR training. Naloxone is used to prevent overdose from opioids and can be used safely any circumstance where an overdose is suspected. Many of Bethany's team in the West have already undertaken online training and carry Naloxone, but we hope to have every member undergo in person training with L. We also hope to invite people we support to the training too, as they are the people most likely to witness an overdose and therefore be in a position to prevent a death.

These accounts from Bethany Christian Trust's work in Possilpark are great examples of working in partnership with other players in the local community. They also demonstrate a willingness to be creative and to give selflessly to build trusted relationships. Bethany are working to transform the community one life at a time and creating resilience through a spirit of hope and generosity. Their care and commitment is demonstrating: the ability to be consistent, and to deliver with kindness & humility (some of the "Nine Habits of Trust" <https://trustedexecutive.com/nine-habits-of-trust>).